FAITH & FREEDOM SENTINEL

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Since January 1999

To Embrace the truth, Live the truth, Propagate the truth and Contend for the truth.

Ron Cowan, Editor - Publisher 2416 Gayle Avenue Alton, IL 62002



A 12 page monthly newsletter committed to remove truth from the scaffold and return it to the throne

TRUTH THE ONLY STRAIGHT COURSE:

"There is but one straight course, and that is to seek truth and pursue it steadily." — George Washington

Ph. (618) 463-()844

RESSURRECTED TRUTH: "Truth crushed to earth shall rise again." — William Cullen Bryant (1794 - 1878)



Veritas Supra Omnis (Truth Above All)

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"One of the best ways to get yourself a reputation as a dangerous citizen these days is to go about repeating the very phrases which our founding fathers used in the great struggle for independence."

— Charles A. Beard

"Coercion by government, the main fear of our Founding Fathers, is now its common attribute."

— Phillip K. Howard

"How soon we forget history... Government is not reason. Government is not eloquence. It is force. And, like fire, it is a dangerous servant and a fearful master." — George Washington

"Historians of the future will marvel most of all at the non-resistance of those who had the most to lose." — General George Van Horn Moseley, commenting on the decline of the American republic



UNCLE SAMIAM?

I do not like this new Uncle Sam. I do not like this healthcare scam. I do not like these dirty crooks, or how they lie and cook the books. I do not like when Congress steals; I do not like their secret deals. I do not like this speaker, man, I do not like this "yes we can!" I do not like this spending spree; I'm smart, I know that nothing's free. I do not like their smug replies, when I complain about their lies. I do not like this kind of hope, I do not like it, nope, nope, nope. Source: American Free Press / November 4, 2013

NOBODY AVAILABLE?

One day, a man opened his backdoor to find that there were burglars stealing his things out of his shed. The man immediately phoned the police. "Is someone in your house?" asked the officer. "No, they're not in my house," said the man, "but they are in my shed stealing from me." The officer said that all patrols were busy and that the man should lock his door and an officer would be there when available.

"Okay," said the man, and he hung up. After about 30 seconds, he phoned the police again. "I just called you a few seconds ago because there were people in my shed," he told the police. "Well, you don't have to worry about them now because I just shot them all."

Within five minutes three squad cars, a SWAT team and an ambulance pulled up to his front door. They all raced into his backyard and caught the burglars right in the act.

One of the policemen said to the man: "I thought you said that you shot them all."

The man answered: "I thought you said there was nobody available."

MOM FEARED FOR LIFE IN EAST ST. LOUIS, ILLINOIS

Michelle Rowling survived having her neck cut during a domestic dispute in February last year. Fearing her boyfriend's release from jail, she placed on her facebook: "SOOOOOOO IF ANYTHING HAPPENS TO ME TONIGHT JUST LET MY KIDS KNOW I LOVED THEM DEARLY AND TELL MY MOM I LOVE HER." Five days later the 25 year old woman was dead on November 30 from repeated stab wounds, while covered by a two-year protection order (OFTEN A FALSE SENSE OF SECURITY) against her ex-boyfriend Montrell Cooper. He has been charged with first degree murder.

The temporary protection order expired in March last year. Neither Cooper nor Rowling showed up for a hearing on the matter. In January last year, Cooper pleaded guilty to one of the battery counts and was sentenced to two and a half years probation and was ordered to undergo anger-management and substance-abuse assessments.

In August, after Cooper was charged with battering Rowling, she sought court-ordered protection from him, saying "Montrell Cooper is a dangerous individual. I fear him. I'm afraid of him. Please help me." On November 25 Cooper pleaded guilty to the latest domestic battery felony and got two more years probation. On November 30 Cooper and Rowling were seen together at a supermarket according to prosecutors. Before that day ended, Rowling was dead. A gun is better than a piece of paper (protection order). A gun in the hand is worth more than a cop on the phone.



Sarah McKinley, a young Oklahoma mother, used her shotgun to protect her young son and her home from intruders with violent intentions.

INTRUDER SHOT

I'm sure you've heard the old saying before: "When seconds count, the police are only minutes away."

This couldn't be more true than in the case of Sarah McKinley, a young Oklahoma mother who recently defended herself and her infant child from two intruders who broke into her home.

Ms. McKinley didn't fight off these violent thugs with a knife or a broom, she used a good old fashioned shotgun. By law, the police have no responsibility to protect you. That is why they

cannot be sued for not protecting you. Safety is your responsibility.

You have a God-given right to defend yourself, your property and your family -- and you shouldn't have to ask the government for permission to do so. The Second Amendment is just that simple. You and I have "the right to keep and bear arms" — period, end of story.

The very idea, that presidential executive orders or congressmen can legislate away our God given right to defend ourselves reveal that we are no longer a free society under constitutional rule of law as a constitutional republic, but have degenerated into a democracy (mobocracy), about which our founding fathers warned us. Our democracy is under plutocratic, tyrannical control.

See my 46 page report on the difference between a Republic and a Democracy. **faithandfreedomsentinel.wordpress.com** and click on SPECIAL REPORTS, then click on A REPUBLIC, NOT A DEMOCRACY.

90 million Americans own firearms, but the right to defend yourself and your family has never been under greater attack. Those who are seeking to take our Second Amendment rights away are funded by the likes of George Soros and billionaire New York City Mayor Michael Bloomberg. The multitude of existing gun laws are for the most part unconstitutional, destroying, piece by piece, our Second Amendment Rights. These are God given, unalienable rights to self defense against criminal thugs and political thugs in their tyrannical intent to Sovietize America. The U.S.A. is the last bastion of freedom from socialism on earth. We are fast succumbing to socialism, which is necessary for total control of personal health, wealth and welfare in establishing the one world order (world government) plotted against us all.

Norman Mattoon Thomas (1884-1968), a leading socialist, pacifist, and six time candidate for the Socialist Party of America, said in a 1944 speech, "The American people will never knowingly adopt socialism. But, under the name of 'liberalism,' they will adopt every fragment of the socialist program, until one day America will be a socialist nation, without knowing how it happened."

Norman Thomas, went on to say: "I no longer need to run as a Presidential Candidate for the Socialist Party. The Democrat Party has adopted our platform." (That statement was made 69 years ago).

Racists Must Die



Oprah Winfrey is probably the richest woman on TV, worth \$2.9 billion. Yet when it comes to the race issue, Oprah is, well, a racist. But she only sees racism as a problem of whites discriminating against blacks. In a recent interview her real feelings came out. She said that many of those who criticize Obama are racists and added, "There are still generations of people, older people, who were born and bred and marinated in [racism], and they just have to die."



KNOCKOUT GAMES

Beat Whitey Night, the Knockout Game, flash mobs, flash robs, and black-on-white crime—or as one social worker put it, kids just "blowing off steam"—are evidence of the persistent racial violence in modern-day America. More shocking, though, is the willingness of authority figures and the media to deny, ignore, explain away, and condone this violence.

Black mob racial violence against Whites is sweeping across the United States, but you wouldn't know it you got your news from the mainstream

media. The Telegraph newspaper in Alton, Illinois recently featured a lengthy article dispelling black on white violence through "knockouts." Fortunately for those of us who have been made aware of the inherent conflict-of-interest of the corporate-controlled media monopoly in the U.S., one reporter has uncovered the rising racism and is determined to get this information out.

Award-winning writer and author Colin Flaherty brings his new book, White Girl Bleed A Lot: The return of racial violence to America and how the media ignore it., (Soft cover, 394 pages). The book exposes a national secret that until now could be brushed under the rug by those in positions of power whose agenda is one of convincing the country that to reveal race in criminal matters is, you guessed it, racist. Interestingly, Flaherty won a Best Investigative Journalist award from a story that resulted in the release of an unjustly-convicted Black man from prison.

This is the first and only book to document the recent epidemic of black mob violence. In hundreds of episodes in more than 80 cities since 2010, groups of black people have been roaming the streets of America—assaulting, intimidating, stalking, threatening, vandalizing, stealing, shooting, stabbing, even raping and killing. It's happening in cities big and small, in ways expected and unexpected.

COMMUNISM WON IN AMERICA

Russia's de facto government newspaper, *Pravda*, declares: "Communism Won in America with Obama; U.S. Suffering Has Only Begun." America was conquered by the communists long ago, *Pravda* claims, and history has been revised to pave the way for communist presidents. The United States is heading in the same fatal direction as the former Soviet Union, the news outlet adds, and is no longer "the home of the free" but the "United Socialist States of America."

Source: American Free Press / April 22, 2013

America is importing most of the ingredients in our prescription drugs and the majority of the foods we cat, it's important to look behind the label. It may or may not tell you where the products come from.

KWANZAA CULT

December: Christmas season with much ado about church activities, contatas, plays, Christmas caroling, etc. A time to reflect upon the birth of Jesus, the Christ child. But what about KWANZAA.

Some make much to do about Kwanzaa, which was latinched in 1966 by Maulana Karenga, Ph.D. professor and chairman of Black Studies at California State University, Long Beach. Kwanzaa was concocted by an ex-con named Ron Everett, whose alias is Karenga; his black nationalist cult (United Slaves) became a violent rival of the Black Panthers at UCLA. Five years after his invented holiday took root, Karenga was convicted of torturing two female followers. He had them stripped and beaten with an electrical cord. The women were "disciplined," according to the *Los Angeles Times*, by being forced to drink detergent, and one was tortured with a soldering iron. In 1971, he was sentenced to one to 10 years in prison for his crimes. He was released in 1975, and four years later, Karenga had become the head of Black Studies at Cal State, Long Beach.

According to Karenga, Christianity is a myth.... He says this about Christianity "Belief in spooks who threaten us if we don't worship them and demand we turn over our destiny and daily lives must be categorized as spookism and condemned,"

Source of KWANZAA article information gleaned from <u>The Kwanzaa Con</u> by William P. Hoar / *The New American* magazine / January 26, 2004



IT'S DEER SEASON

WATCH

OUT

FOR

BOW

HUNTERS





GOVERNMENT WAR AGAINST CONSTITUTIONAL RIGHTS

"A fellow veteran contacted me concerning a new and disturbing development. He had been utilizing a Mormon cannery near his home to purchase bulk food supplies. The man that manages the facility related to him that federal agents had visited the facility and demanded a list of individuals that had been purchasing bulk food. The manager informed the agents that the facility kept no such records and that all transactions were conducted on a cash-and-carry basis. The agents pressed for any record of personal checks, credit card transactions, etc., but the manager could provide no such record. The agents appeared to become very agitated and after several minutes of questioning finally left with no information. I contacted the manager and personally confirmed this information."

by Rand Cardwell, the president of the Tennessee chapter of the Oath Keepers

Back on February 20, 2009, the State of Missouri issued a report entitled "MIAC Strategic Report: The Modern Militia Movement". That report warned that the following types of people may be potential terrorists....

- *anti-abortion activists
- *those that are against illegal immigration
- *those that consider "the New World Order" to be a threat
- *those that have a negative view of the United Nations

A very revealing document obtained by Oath Keepers shows that the FBI is actually instructing store owners to report many new forms of "suspicious activity" to them. So what does the FBI consider "suspicious activity" to include? According to the document, the FBI now considers "suspicious activity" to include the following....

- *paying with eash
- *missing a hand or fingers
- *strange odors
- *making "extreme religious statements"
- *radical theology
- *purchasing weatherproofed ammunition or match containers
- *purchasing ready to eat meals
- *purchasing night vision devices, night flashlights or gas masks

A 2011 study entitled Profiles of Perpetrators of Terrorism, produced by the National Consortium for the Study of Terrorism and Responses to Terrorism, in which the following characteristics are used to identify terrorists.

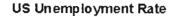
- · Americans who believe their "way of life" is under attack;
- · Americans who are "fiercely nationalistic" (as opposed to universal and international in orientation);
- · People who consider themselves "anti-global" (presumably those who are wary of the loss of American sovereignty);
- · Americans who are "suspicious of centralized federal authority";
- · Americans who are "reverent of individual liberty"; People who "believe in conspiracy theories that involve grave threat to national sovereignty and/or personal liberty."

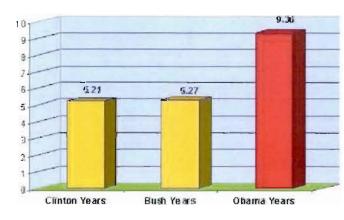
RECORDS SET ON OBAMA'S WATCH

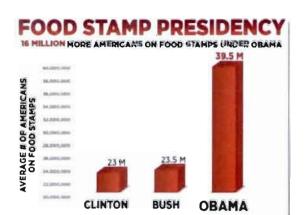
- 1. U.S. sovereign debt downgrade: first in American history.
- 2. Federal spending (25% of GNP); highest since World War II.
- 3. Budget deficit (10% of GNP); highest since World War II.
- 4. Federal debt (67% of GNP); highest since just after World War II.
- 5. Employment (58.1% of population working); lowest since 1983.
- 6. Long-term unemployment (45.9% of total); highest since 1930's.

- 7. Increase in reform payroll employment (0.5%) since recovery began 28 months ago; slowest job growth 26 months after a severe recession since World War II.
- 8. Home ownership rate (59.7%) lowest since World War II.
- 9. Percentage of taxpayers paying income tax (49%); lowest in modern era.
- 10. Government dependency (47%); defined as the percentage of persons receiving one or more federal benefit payments; highest in American history.

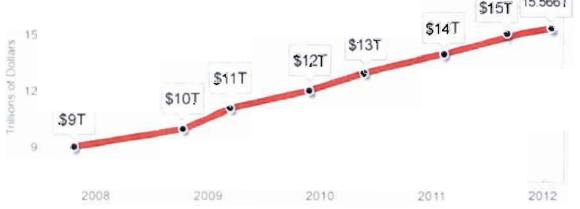
Source: Standard & Poor's Office of Management and U.S. Bureau of Labor Statistics, Morgan Stanley, Joint Committee on Taxation and the U.S. Census.







The National Debt





IT'S TIME TO DEFUND OBAMACARE AND RETURN CHOICES TO THE PEOPLE!

Three years and several hundred million dollars later, Healthcare, gov is still a massive failure. Today, however, we learned that about 60-70 percent of the site isn't even built—including the part where a person actually pays for insurance.

Guy Benson writes: Remember, the witness here isn't some random administration lackey. He's Obamacare's top IT manager -- the same guy who recently testified that he sounded alarm bells back in July that Healthcare.gov was headed for a "plane crash." He's also

the one who first started muttering publicly about trying to avoid a "third world experience" in March. Speaking of March, an independent consulting firm issued similar warnings around the same time.

OBAMA DECEPTION: During an appearance on ABC's <u>This Week Sunday</u>, New York Democratic Senator Kirsten Gillibrand admitted in passing that it was known President Obama was lying as he repeatedly stated people could keep health insurance plans they liked under Obamacare. "He should've just been specific. No we all knew," Gillinbrand said.

Under Obamacare the CHEAPEST health insurance policies available to the typical American working family will cost \$20,000 per year.

Other effects of the 2,572 page law include:

Premium increases up to 413% for some individuals.

An average \$4,100 premium increase for families.

The penalty for taking money out of a Healthcare Savings Account for a non-medical reason doubles from 10% to 20%.

Using an HSA, flexible savings or health reimbursement account to pay for over-the-counter medication is no longer allowed.

FSA's will now be capped at \$2,500.

1/3 of employers could stop offering healthcare.

Obamacare will increase the long-term federal deficit by \$6.2 trillion.

The itemized deduction limit for medical expenses will rise from 7.5% to 10% of adjusted gross income.

30 million Americans will still be uninsured eight years after Obamacare is fully implemented.

The average family can expect at least \$5,875 in new taxes, fees and higher premiums once Obamacare is fully implemented.

Obamacare is the biggest overhaul to our healthcare system and the biggest tax increase in history. It will bring massive changes to our daily lives, most of them negative. Do you think Obamacare should be defunded before it cripples our healthcare system?



"Socialized medicine is the keystone to the arch of the socialist state."

--Vladimir Ilyich Lenin (born Vladimir ilyich Ulyanov) 1870-1924; Russian revolutionary, Bolshevik Communist Dictator of the Union of Soviet Socialist Republics, better known as the Soviet Union.

SUPPRESSED NEWS

MISSOURI

After 120 years in the same location, the last primary lead smelter in the U.S. will cease operations Dec. 31, pursuant to a 2010 agreement with the federal Environmental Protection Agency (EPA). The manufacturing plant is located in Herculaneum, Mo., and is owned by the Doe Run Company, the largest integrated lead producer in the Western Hemisphere. While the company's mining operations will continue, the ore will now have to be smelted in foreign countries with fewer environmental controls, such as China, and then shipped back to the U.S. as lead bullion, hurting American makers of ammunition and car batteries.

In 2008, under President George W. Bush, the EPA issued air quality standards for lead that were 10 times more stringent than previous standards.

ISRAEL

While Uncle Sap is bankrupt, Israel receives upwards of \$30,000 a year for every man, woman and child who lives in Israel. When you tally all of the grants, loans, military equipment handouts, technology giveaways and military and economic aid, the Israelis receive as much as \$25 billion a year from U.S. taxpayers. How does Congress do it? They borrow the money from the privately owned and controlled Federal Reserve and stick the American people with the tab.

MEXICO

Mexican villagers are forming militias to fight against drug lords. In Mexico, police corruption rivals organized crime, where money can buy you anything. Drug barons, operating with politicians, tax (extortion fees) threaten death if not paid. As a consequence, vigilanties are taking the law into their own hands for self-defense. Knights Templer, a violent drug cartel, reportedly cut electric lines leaving 400,000 cowering in the dark, while five vigilanties were slain in the street on October 29. Approximately 120,000 murders have been committed by drug cartels since 2006, with severed heads, fire-bombings, and bodies hanging from lampposts and bridges as common occurrences in retaliation against the self-defense militias.



Taking any RIGHT is WRONG. Our constitutional rights are <u>God given</u> rights that are "unalienable rights" (rights that are <u>not</u> alienable, <u>not</u> transferable, estranged, usurped, given away, or seizable); rights that are inviolable (<u>not</u> to be violated, profaned, injured, broken, but kept sacred).

That constitutional God given unalienable rights are subject to presidential, congressional or judicial usurpation proves that we are no longer a free society, a Constitutional Republic. Voting away your constitutional rights is an act of despotic tyranny. Wake up ye serfs!

OBAMACARE FIX IS IN

Millions of Americans have received 'cancelled' letters from insurers, and hyper-inflated Obamacare premiums sicken even the most dichard of liberals,

The New York Post reports that 44 percent of NY medical doctors are planning NOT to accept patients who are insured through the Obamacare exchanges.

Congress and their staff carved-out 'special treatment' for themselves. After all, they wrote Obamacare, and FULLY FUNDED it in bipartisan spirit too. Why should they be forced to live with it?

Barack Obama made a lot of promises when he was selling the Affordable Care Act to the American people. The most famous one was, "If you like your health care plan, you will be able to keep your health care plan. Period. No one will take it away. No matter what."

An estimated 7 million people will lose their employer sponsored health insurance. Source; Congressional Budget Office (July 2012).

Obama's massive health care overhaul is precipitating the impending economic collapse. Nearly every aspect of Obamacare has turned out to be a lie. The real price tag is not less than a \$1 trillion; rather, it is a multitrillion-dollar entitlement program that America cannot afford. Rather than lowering premium costs for the average family, it dramatically raises them — sometimes by thousands of dollars a year. Millions of citizens have lost their health benefits or are unable to keep their doctor. People seeking to enroll in Obamacare's marketplace exchanges are stunned at the high costs of the health insurance plans. In fact, the Congressional Budget Office acknowledges that the law will not achieve its stated goal: universal coverage. Instead, about 30 million Americans will still not have health care.





"I don't believe the Bible!"

"But sir, you already observe the first page of the Old Testament and the first page of the New Testament!"

"How?"

"Well, you observe a seven day week (where else did that come from?); and you sign your checks 2013 (you observe the time Christ came to die for your sins). Now you need to go further!" (Source: Missionary Jack Moorman, London, England).

That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness, and with the mouth confession is made unto salvation. (Romans 10:9,10).

"OUTSIDE THE CAMP"

"Let us go forth therefore UNTO HIM without [OUTSIDE] the camp, bearing His reproach" (Hebrews 13:13).

This is the day! This is the hour!

To prove our God's almighty power,

To follow Him what'er befall,

And answer gladly to His call —

To go "Without the Camp."

Apart from those who doubt His Word, From those who have denied your Lord! Oh, Christian, hasten to His side, Who for your sin was crucified — And go "Without the Camp."



'Tis only now that we can bear
In His reproach, our little share.
He did not stop to count the cost
When going forth to save the lost —
He went "Without the Camp."

And though you here may stand alone —
At that Great Day, upon His Throne,
In robes of righteousness arrayed —
What joy to know the choice you made —
To go "Without the Camp!"

Author Unknown. The poem appeared in *FOUNDATION* magazine, page 24, Volume 34, Issue 4.

<u>Editor's Note</u>: The phrase in the Scripture verse "*Let us*" is a hortatory subjunctive, indicating that it is both an invitation and a command. By inspiration of the Holy Spirit, the Apostle is inviting all believers to join in the activity, in obedience to the command of the Spirit of God. It is not a suggestion, but a command. Not to obey is the sin of disobedience and rebellion.

The phrase "Let us" is used a number of times in the book of Hebrews. It would be wise to take note of each one.



A MESSAGE FOR OUR TIMES:

The message printed below, I print on the reverse side of my envelopes. It is a message for our times of apostasy and tyranny — dangerous times:

This know also, that in the last days perilous times shall come. (II Timothy 3:1)



If my people, which are called by my name, shall humble themselves, and pray, and shall seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sins, and will heal their land. (II Chronicles 7:14)

The wicked shall be turned into hell, and all nations that forget God. (Psalm 9:17)



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Please help reach others with the message of Faith & Freedom Sentinel.

Introduce them to the web site (blog):
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WHO WAS JESUS?

"He was God in the womb of a Jewish virgin named Mary. He was God in the manger in Bethlehem. He was God walking the back roads of Galilee. He was God walking the stormy sea. He was God dying on the cross. He was God walking out of the tomb of death. He is God walking through the dark, lonely times of our lives to encourage and help us. He is God when all other refuges fail, and

we have no one else to turn to. He will be God when He splits the Eastern sky for His Church."
—— Willard Thomas

"And without controversy great is the mystery of godliness: <u>God was manifest in the flesh</u>, justified in the Spirit, seen of angels, preached unto the Gentiles, believed on in the world, received up into glory." (I Timothy 3:16).

"But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name." (John 1:12). **Receive Christ and have a blessed merry Christmas!**